

# Sex Education Policy



## Black Firs School

### *Aims and Objectives*

- To provide accurate information about and increase the understanding of sex related issues and to dispel myths – providing for more than the acquisition of knowledge and to be concerned with the development of skills, attitudes and values, which lead to behaviour, based on responsible decision making.
- To help children develop the confidence to talk, listen and think about sex and relationships. Also to have the confidence not to worry about having to answer personal questions, as they will not be forced to take part in discussions.
- To prepare the Children for their lives now and for the future.
- To explore a range of attitudes and values towards sex related issues and to help children to reach their own, informed opinions.
- To increase children's self-esteem and to help them to develop a sense of mutual respect and care for others.
- To prepare Children to cope with the physical and emotional changes of growing up and to help them to have an elementary understanding of how a baby is born. (Science KS1 & KS 2.)
- To give young people the appropriate terminology so that they can discuss issues without embarrassment or fear of ridicule.
- To teach them to make choices based on an understanding of difference and to develop an appreciation of the consequences of any choices made.
- To link the policy with the new PHSE and citizenship framework

### *Moral Framework*

- Parents are to be involved in developing the policy along with staff and any appropriate health professionals.
- Staff should present lessons in a relaxed environment and present the facts in an objective, balanced and sensitive manner, set within a clear framework of values and awareness of the law.
- Young people will be encouraged to appreciate the value of a stable family life, marriage and loving relationships and the responsibilities that go with parenthood.
- They will be helped to consider the importance of self-restraint, dignity, respect for others, and acceptance of responsibility and sensitivity towards the needs and views of others. (Teachers must be aware that some family backgrounds do not reflect such values.)
- They will be helped to develop critical thinking as part of decision making.

### *Equal Opportunities / Special Needs*

- All Children will have equal access to a sex and relationship education programme of study as and when appropriate, subject to parental consent, helping them to develop confidence and a sense of responsibility, making the most of Child's abilities.
- Content and Organisation.
- In the early years: education about relationships will focus on friendships, bullying and building of self-esteem.
- In the transition year: education about the changes at puberty-physical, emotional and social, voice breaking etc.
- Learn about and understand physical development.
- Know and understand how changes at puberty affect the body in relation to hygiene.
- How a baby is conceived and born.

- Know about different patterns of friendship and to be able to talk about friends with important adults.
- Prepare girls for the onset of menstruation.

### ***Teaching Strategies***

- Establish ground rules with the children - no one will have to answer a personal question or be forced to take part in any discussion and only the correct names will be used for parts of the body.
- Circle time: group discussions/role play/ may be used.
- Mrs. Wright will teach the Year 6 in the Summer Term using videos entitled ‘Living and Growing Units 1, 2 and 3. And also use various questionnaires and fact sheets related to the above topics. This would be followed up in the summer term.
- TACADE lesson plans and notes, The Healthwise Primary School Sex Education pack and Cheshire Healthy Schools Partnership will be available for all staff to use when appropriate.
- The resources to be used will be available in school for parents to examine.

### ***Specific Issues Statements***

#### ***Child Withdrawal Procedures***

- Every parent has the right to withdraw their child from sex education classes. New parents will be informed of the school policy via the school prospectus. Thereafter they will be informed of their right to withdraw at the beginning of the half term in which sex education will start. – a consent form on a return slip on a letter will need to be signed.

#### ***Child Sexual Abuse Procedures***

- Guidelines from “Manual Procedures” issued by Cheshire Child Protection Committee will be followed if concerns arise.

#### ***Involvement of Outside Professionals***

- School doctors and nurses may be liaised with to present certain areas of the programmes of study.

#### ***Dissemination of the Policy***

- The policy will be available to all parents, teachers and governors in the School Prospectus and on the School website.

#### ***Confidentiality***

- Teachers will need to know the boundaries of their legal and professional responsibilities (refer to DfE Sex and Relationship Education Guidance) Children need to know that teachers cannot always guarantee complete confidentiality. Children will need to know that if this confidentiality has to be broken they will be informed first and then supported as appropriate.

#### ***Policy Monitoring and Evaluation***

- The policy is to be monitored and evaluated by the Headteacher and an appointed governor. Once adopted, the policy will be reviewed bi-annually.